

2005 GIRLS' CLASS A TRUE TEAM CHAMPIONSHIPS

National Sports Center - May 21, 2005

TEAM SCORE:

1 Cedar Mountain	437.0	6 Usc/Ac	311.5
2 Mayer Lutheran	363.0	7 Paynesville	309.0
3 Pine Island	354.0	8 Pierz	254.5
4 R-P-H	352.5	9 Deer River	240.0
5 Agassiz Valley	312.5		

Pole Vault

1 Brittany McPhail, 11, Pine Island	9-0
2 Kristi Andrews, 11, Pine Island	9-0
3 Ashley Sprengeler, 11, Mayer Lutheran	8-0
3 Kendra Hegdahl, 9, Agassiz Valley	8-0
3 Ashley Benson, 11, R-P-H	8-0
6 Amelia Treptow, 12, Usc/Ac	8-0
6 Linda Kanne, 12, Cedar Mountain	8-0
6 Jessica Werner, 12, Mayer Lutheran	8-0
6 Theresa Gross, 12, Pierz	8-0
6 Gina Schanhaar, 12, Deer River	8-0
11 Haley Phillips, 10, Cedar Mountain	8-0
12 Kim Staloch, 11, Usc/Ac	7-0
12 Anna Kotten, 8, Paynesville	7-0
12 Tanis Beireis, 10, Paynesville	7-0
12 Jessica Girtz, 11, Pierz	7-0
16 Paige Halverson, 9, Agassiz Valley	7-0
17 Amanda Schjenken, 10, Deer River	7-0
18 Kristen Ostrem, 9, R-P-H	7-0

High Jump

1 Kayla Kapsner, 8, Pierz	5-2
2 Danielle Luhmann, 10, R-P-H	5-2
3 Nikki Schultz, 10, Cedar Mountain	5-0
4 Steph Bleichner, 11, Pierz	5-0
5 Katie Gewerth, 12, Cedar Mountain	4-10
6 Maddie Holets, 9, Pine Island	4-8
6 Lindsey Rauenhorst, 12, Usc/Ac	4-8
6 Kendra Johnson, 12, Paynesville	4-8
9 Christine Moe, 10, Agassiz Valley	4-8
10 Jessica Werner, 12, Mayer Lutheran	4-8
11 Kelly Dries, 11, Pine Island	4-6
11 Katie Schultz, 11, Usc/Ac	4-6
11 JoAnna Winter, 11, Mayer Lutheran	4-6
14 Randi Schaefer, 10, Paynesville	4-6
14 Erica Nord, 10, Agassiz Valley	4-6
16 Verena Luetz, 11, R-P-H	4-6
17 Courtney Manders, 10, Deer River	4-4
18 Kenzie Wilson, 7, Deer River	4-2

Shot Put

1 Melissa Smith, 10, R-P-H	35-3 1/2
2 Jean Ingelin, 11, Mayer Lutheran	30-10
3 Ashley Gohr, 10, Cedar Mountain	30-5 3/4
4 Melissa Jones, 12, Mayer Lutheran	30-4 1/2
5 Danielle Ruberg, 10, R-P-H	30-0 3/4
6 Mandy Johnson, 10, Agassiz Valley	29-11
7 Jessie Jensen, 11, Agassiz Valley	29-10 1/4
8 Gina Schanhaar, 12, Deer River	29-8 1/2
9 Randi Schaefer, 10, Paynesville	29-7
10 Megan Jensen, 12, Usc/Ac	28-4 3/4
11 Natalie Leadem, 9, Paynesville	27-8 1/2
12 Jenna Tews, 12, Cedar Mountain	27-3 3/4
13 Mirinda Bye, 12, Pine Island	26-5
14 Gina Haukoos, 9, Usc/Ac	26-4 3/4
15 Sarah Froelich, 12, Pierz	25-11 1/4
16 Alyssa Virnig, 8, Pierz	25-5
17 Amanda Lund, 12, Pine Island	25-2 3/4
18 Steph Ayers, 11, Deer River	24-2 1/2

Discus Throw

1	Melissa Jones, 12, Mayer Lutheran	112-6
2	Melissa Smith, 10, R-P-H	110-1
3	Mandy Johnson, 10, Agassiz Valley	108-6
4	Ashley Gohr, 10, Cedar Mountain	97-2
5	Natalie Leadem, 9, Paynesville	88-8
6	Tita Seifert, 11, Cedar Mountain	82-6
7	Randi Schaefer, 10, Paynesville	82-6
8	Christine Moe, 10, Agassiz Valley	81-11
9	Mirinda Bye, 12, Pine Island	75-11
10	Sarah Froelich, 12, Pierz	75-9
11	Jessica Tewalt, 12, Pine Island	74-6
12	Danielle Ruberg, 10, R-P-H	68-7
13	Jean Ingelin, 11, Mayer Lutheran	67-1
14	Gina Haukoos, 9, Usc/Ac	67-1
15	Kayla Koehnen, 9, Usc/Ac	63-4
16	Steph Ayers, 11, Deer River	58-10
17	Samantha Graves, 12, Deer River	56-4
18	Alice Herold, 10, Pierz	50-2

Long Jump

1	Nikki Schultz, 10, Cedar Mountain	17-1
2	Esther Sowles, 12, Mayer Lutheran	16-3 1/4
3	Becca Bryson, 11, Usc/Ac	16-1 3/4
4	Kaitlyn Jensen, 11, Pierz	15-11 1/2
5	Verena Luetz, 11, R-P-H	15-8 1/2
6	Lindsay Brustad, 12, Deer River	15-8 1/4
7	Katie Flemming, 12, Agassiz Valley	15-1 3/4
8	Regina Dolan, 11, R-P-H	15-1
9	Kelsey Scheele, 11, Mayer Lutheran	14-6 1/4
10	Tara Schmidt, 11, Paynesville	14-4 3/4
11	Jaynie Herbranson, 10, Agassiz Valley	14-4 1/4
12	Dani Serbus, 10, Cedar Mountain	14-4
13	Kallie Rollenhagen, 11, Usc/Ac	14-2 1/2
14	Cori Klassen, 10, Pine Island	13-10 1/2
15	Nicole Kasper, 12, Pierz	13-10 1/2
16	Bonnie Syhakhoun, 9, Pine Island	13-10 1/4
17	Rachael Wendlandt, 12, Paynesville	13-10
18	Lauren Peterson, 8, Deer River	13-2

Triple Jump

1	Becca Bryson, 11, Usc/Ac	35-0
2	Kelsey Scheele, 11, Mayer Lutheran	33-3
3	Kallie Rollenhagen, 11, Usc/Ac	32-11
4	Danielle Luhmann, 10, R-P-H	32-9 1/2
5	Kaitlyn Frenchick, 9, Paynesville	32-5 1/2
6	Kelly Gewerth, 12, Cedar Mountain	32-5 1/2
7	Nicole Kasper, 12, Pierz	32-3
8	Marisa Hare, 10, Deer River	31-11
9	Melissa Jones, 12, Mayer Lutheran	31-6
10	Erica Nord, 10, Agassiz Valley	31-4 3/4
11	Shana Grejtak, 10, Cedar Mountain	31-2 1/4
12	Kaari Jensen, 8, Pierz	31-0 1/2
13	Vanessa Manders, 11, Deer River	31-0 1/2
14	Kathryn Thompson, 11, Pine Island	30-4
15	Christine Moe, 10, Agassiz Valley	30-1
16	Arah Kleinschmidt, 11, Pine Island	29-9
17	Jana Olson, 8, R-P-H	29-5 3/4
18	Tanis Beireis, 10, Paynesville	28-0

4x800M Relay

1	Deer River	10:10.94
2	Pine Island	10:22.09
3	Mayer Lutheran	10:22.68
4	R-P-H	10:27.96
5	Agassiz Valley	10:30.23
6	Cedar Mountain	10:57.44
7	Usc/Ac	11:01.37
8	Paynesville	11:04.92
9	Pierz	11:49.78

100 M High Hurdles

1	Ciara Christenson, 8, Usc/Ac	16.98 H2
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2	Katie Flemming, 12, Agassiz Valley	17.22	H2
3	Esther Sowles, 12, Mayer Lutheran	17.54	H2
4	Lindsay Brustad, 12, Deer River	17.58	H2
5	Kendra Johnson, 12, Paynesville	17.63	H2
6	Kaitlyn Jensen, 11, Pierz	17.74	H2
7	Haley Phillips, 10, Cedar Mountain	17.79	H1
8	Nikki Schultz, 10, Cedar Mountain	17.94	H2
9	Verena Luetz, 11, R-P-H	17.95	H2
10	Nicole Kasper, 12, Pierz	18.15	H1
11	Kathryn Thompson, 11, Pine Island	18.59	H2
12	Kristen Sprengeler, 9, Mayer Lutheran	18.70	H1
13	Kim Staloch, 11, Usc/Ac	19.05	H1
14	Anna Kotten, 8, Paynesville	19.13	H1
14	Carina Schiltz, 9, R-P-H	19.13	H1
16	Amanda Lund, 12, Pine Island	19.17	H1
17	Ashlee Randklev, 10, Agassiz Valley	19.49	H1
18	Josie Monroe, 7, Deer River	19.91	H1

100 M Dash

1	Tara Schmidt, 11, Paynesville	13.64	H2
2	Katie Flemming, 12, Agassiz Valley	13.82	H2
3	Lindsay Brustad, 12, Deer River	13.94	H2
4	Dani Serbus, 10, Cedar Mountain	14.10	H2
4	Sarah Drew, 11, Mayer Lutheran	14.10	H2
6	Makaya Breutzman, 7, Pine Island	14.22	H1
7	Becca Bryson, 11, Usc/Ac	14.27	H2
8	Katie Gewerth, 12, Cedar Mountain	14.40	H1
9	Cori Klassen, 10, Pine Island	14.50	H2
10	Ashley Benson, 11, R-P-H	14.58	H2
11	Kally Felling, 8, Paynesville	14.66	H1
12	Kaari Jensen, 8, Pierz	14.67	H2
13	Megan Jensen, 12, Usc/Ac	14.96	H1
14	Verena Luetz, 11, R-P-H	15.13	H1
15	Karen Opsahl, 11, Agassiz Valley	15.18	H1
16	Theresa Gross, 12, Pierz	15.20	H1
17	Katie Schwartz, 10, Mayer Lutheran	15.37	H1
18	Lauren Peterson, 8, Deer River	15.50	H1

4x200M Relay

1	Paynesville	1:50.26
2	Pine Island	1:50.72
3	Cedar Mountain	1:51.29
4	Pierz	1:53.40
5	Usc/Ac	1:53.59
6	Mayer Lutheran	1:53.73
7	R-P-H	1:54.24
8	Agassiz Valley	1:55.36
9	Deer River	1:55.69

1600M Run

1	Kristen Ostrem, 9, R-P-H	5:25.66
2	Kelly Gewerth, 12, Cedar Mountain	5:28.41
3	Hailey Brenden, 10, Agassiz Valley	5:29.69
4	Katie Schaefer, 10, Mayer Lutheran	5:36.18
5	Samantha Madsen, 12, Cedar Mountain	5:37.03
6	Katie Becker, 12, R-P-H	5:49.47
7	Kacy Nehowig, 10, Paynesville	5:52.22
8	Heidi Lanners, 12, Pine Island	5:55.27
9	Jamie Talberg, 11, Pierz	5:56.55
10	Kaitlyn Frenchick, 9, Paynesville	5:59.44
11	Holly Belgium, 9, Deer River	6:00.98
12	Christina Goedke, 7, Agassiz Valley	6:01.02
13	Amber Erickson, 7, Usc/Ac	6:01.20
14	Melissa Schmidt, 12, Mayer Lutheran	6:02.74
15	Heidi Belgium, 12, Deer River	6:04.49
16	Krista Fuhrman, 10, Pierz	6:06.04
17	Brittany Nordland, 8, Pine Island	6:09.88
18	Joelle Elmer, 10, Usc/Ac	6:15.79

4x100M Relay

1	Deer River	52.98
2	Pine Island	53.42

3	Usc/Ac	53.51
4	Mayer Lutheran	54.47
5	Cedar Mountain	54.81
6	R-P-H	55.26
7	Agassiz Valley	55.65
8	Paynesville	56.28
9	Pierz	56.98

400M Dash

1	Katie Gewerth, 12, Cedar Mountain	59.80	H2
2	Cori Klassen, 10, Pine Island	61.69	H1
3	Briana Jaeger, 8, Paynesville	62.93	H2
4	Steph Bleichner, 11, Pierz	62.98	H2
5	JoAnna Winter, 11, Mayer Lutheran	63.02	H1
6	Kelsey Jacobson, 9, Agassiz Valley	63.72	H2
7	Kally Felling, 8, Paynesville	63.86	H1
8	Linda Kanne, 12, Cedar Mountain	64.21	H1
9	Heater Sieve, 8, R-P-H	64.95	H1
10	Breanna Benham, 11, Deer River	65.07	H2
11	Lindsey Rauenhurst, 12, Usc/Ac	65.51	H2
12	Danielle Luhmann, 10, R-P-H	66.08	H2
13	Brittany Larson, 8, Agassiz Valley	66.13	H1
14	Kelly Dries, 11, Pine Island	66.74	H2
15	Courtney Manders, 10, Deer River	67.07	H1
16	Dani Drugg, 9, Usc/Ac	67.36	H1
17	Ashley Sprengeler, 11, Mayer Lutheran	68.56	H2
18	Gabrielle Boser, 8, Pierz	69.84	H1

300M Low Hurdles

1	Ciara Christenson, 8, Usc/Ac	46.99	H2
2	Nikki Schultz, 10, Cedar Mountain	47.08	H2
3	Kathryn Thompson, 11, Pine Island	47.86	H2
4	Kendra Johnson, 12, Paynesville	48.58	H2
5	Kaitlyn Jensen, 11, Pierz	49.23	H2
6	Carina Schiltz, 9, R-P-H	51.29	H2
7	Kallie Rollenhagen, 11, Usc/Ac	52.81	H1
8	Marisa Hare, 10, Deer River	52.83	H2
9	Amanda Hoffbeck, 11, Cedar Mountain	52.84	H1
9	Shannon Donovan, 11, Mayer Lutheran	52.84	H2
11	Arah Kleinschmidt, 11, Pine Island	52.99	H1
12	Anna Kotten, 8, Paynesville	53.30	H1
13	Ashley Benson, 11, R-P-H	53.44	H1
14	Ashlee Randklev, 10, Agassiz Valley	53.49	H2
15	Amanda Schrupp, 9, Mayer Lutheran	54.27	H1
16	Kasey Lewis, 9, Agassiz Valley	55.01	H1
17	Amy Durheim, 11, Pierz	55.23	H1
18	Steph Ayers, 11, Deer River	55.46	H1

800M Run

1	Kelly Gewerth, 12, Cedar Mountain	2:23.11	H2
2	Vanessa Manders, 11, Deer River	2:23.16	H2
3	Kristen Ostrem, 9, R-P-H	2:25.81	H2
4	Samantha Madsen, 12, Cedar Mountain	2:29.23	H1
5	Rebecca Leland, 11, Usc/Ac	2:29.90	H2
6	Cori Klassen, 10, Pine Island	2:30.15	H2
7	Katie Schaefer, 10, Mayer Lutheran	2:30.20	H2
8	Jaynie Herbranson, 10, Agassiz Valley	2:31.62	H2
9	Katie Lane, 12, Mayer Lutheran	2:32.70	H1
10	Colette Wright, 10, Deer River	2:33.57	H1
11	Hannah Sieve, 8, R-P-H	2:35.18	H1
12	Erin Gibbons, 9, Pine Island	2:37.42	H1
13	Kaitlyn Frenchick, 9, Paynesville	2:38.07	H2
14	Erica Nord, 10, Agassiz Valley	2:39.01	H1
15	Krista Fuhrman, 10, Pierz	2:40.25	H1
16	Jamie Talberg, 11, Pierz	2:40.67	H2
17	Melanie Koerner, 9, Paynesville	2:44.48	H1
18	Megan Chirpich, 11, Usc/Ac	2:49.30	H1

200M Dash

1	Katie Gewerth, 12, Cedar Mountain	27.17	H2
2	Danielle Travaglio, 11, Pine Island	27.74	H2
3	Tara Schmidt, 11, Paynesville	27.80	H2

4 Dani Serbus, 10, Cedar Mountain	27.86 H1
5 Andrea Bias, 12, Usc/Ac	27.87 H2
6 Katie Flemming, 12, Agassiz Valley	27.91 H2
7 Sarah Drew, 11, Mayer Lutheran	28.42 H2
8 Steph Bleichner, 11, Pierz	28.43 H2
9 Kayla Kapsner, 8, Pierz	28.49 H1
10 Briana Jaeger, 8, Paynesville	28.50 H1
11 Arah Kleinschmidt, 11, Pine Island	28.59 H1
12 Brittany Larson, 8, Agassiz Valley	29.02 H1
13 Regina Dolan, 11, R-P-H	29.12 H2
14 Heater Sieve, 8, R-P-H	29.16 H1
15 Kahty Seelye, 11, Deer River	29.27 H2
16 Kelsey Scheele, 11, Mayer Lutheran	29.32 H1
17 Lauren Peterson, 8, Deer River	29.43 H1
18 Lindsey Rauenhorst, 12, Usc/Ac	29.80 H1

3200M Run

1 Hailey Brenden, 10, Agassiz Valley	12:09.39
2 Kacy Nehowig, 10, Paynesville	12:39.43
3 Katie Becker, 12, R-P-H	12:50.32
4 Alyssa Rose, 8, Cedar Mountain	12:53.71
5 Kelly Dries, 11, Pine Island	12:54.90
6 Taylor Allis, 7, Usc/Ac	12:57.41
7 Anna Becker, 10, R-P-H	13:02.66
8 Melissa Schmidt, 12, Mayer Lutheran	13:03.37
9 Amber Erickson, 7, Usc/Ac	13:03.46
10 Holly Belgium, 9, Deer River	13:15.96
11 Sarah Andrea, 7, Pierz	13:17.32
12 Heidi Lanners, 12, Pine Island	13:25.18
13 Erica Herbranson, 7, Agassiz Valley	13:45.04
14 Dayna Dreier, 9, Mayer Lutheran	13:56.93
15 Tanis Beireis, 10, Paynesville	14:25.54
16 Beth Ochs, 7, Cedar Mountain	15:07.36
17 Corrine Neururer, 9, Deer River	15:08.31
18 Ashley Langer, 9, Pierz	15:23.75

4x400M Relay

1 Pine Island	4:13.63
2 Cedar Mountain	4:14.23
3 R-P-H	4:18.04
4 Mayer Lutheran	4:18.85
5 Agassiz Valley	4:19.15
6 Pierz	4:19.21
7 Usc/Ac	4:22.62
8 Deer River	4:23.76
9 Paynesville	4:27.54